

1. Things around Us

Different things look different. They come in different **shapes**, **sizes** and **colours**.

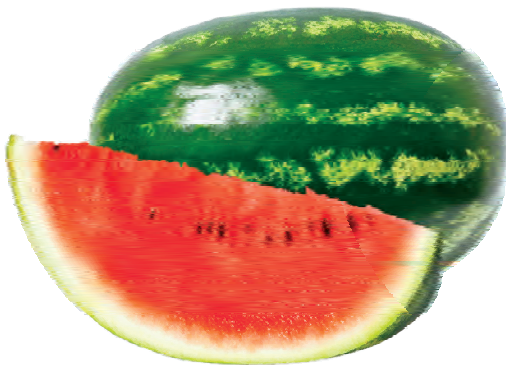


A ball is **round**.

An egg is **oval**.



This sandwich looks like a **triangle**.



A watermelon is **green** outside and **red** inside.



A sunflower is **yellow**.



A rainbow has seven colours. The colours can be remembered as **VIBGYOR** (Violet, Indigo, Blue, Green, Yellow, Orange and Red).



A tiger is **much larger** than a cat.



Making Connections



Unscramble.

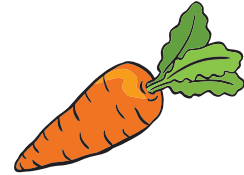
1. I am a fruit. Monkeys love to eat me.

NNAAAB



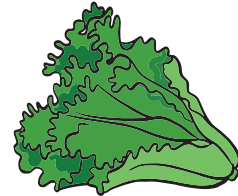
2. I am a root vegetable. I am used to make halwa.

ORCRA



3. I am a leafy vegetable. You often find me in salads.

CULETTE



4. I am a nut. You can find me in sweets and chocolates.

DOALNM



Look at the pictures below. What do you call them in your mother tongue? What do your friends call them?



Papaya



Peas



Brinjal



Cucumber



Pineapple



Radish

Test 1

A. Fill in the blanks.

1. Firecrackers make a _____ sound.
2. A ball is _____.
3. The top of our head is covered with _____.
4. Chilli is a _____ that we eat as a vegetable.
5. The stem of a tree is called the _____.



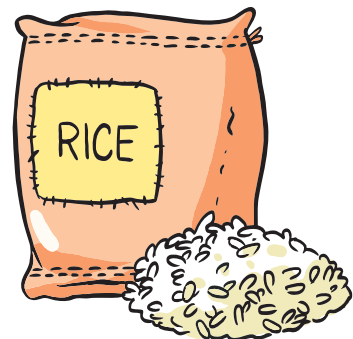
B. Choose the correct answer.

1. Which of these has an oval shape?
a. An orange b. An egg c. A book
2. Which of these is not a bushy plant?
a. Coconut b. Hibiscus c. Tulsi
3. Which of these is not a part of your face?
a. Forehead b. Tongue c. Neck
4. Which of these is a part of your hand?
a. Sole b. Heel c. Palm
5. Which of these is a leafy vegetable?
a. Carrot b. Spinach c. Ginger



C. Answer these.

1. Name the colours of a rainbow.
2. Write four things we can do with our legs.
3. Where do we have nails on our body?
4. Name two fruits that have many seeds.
5. Name two seeds that we eat.



5. Animals



Where can you find these animals? Match them to the correct places. One has been done for you.



On a farm

In a home

In a forest

Animals are all around us. We keep some animals like cats, dogs, parrots and fish as **pets** in our homes.



Parrot



People started keeping pets many, many years ago. Dogs were the first animals they kept as pets.



Match the pictures to the correct sign.

1.



Bathing a dog

2.



Sweeping

3.



Mopping



Needs water



Does not need water

4.



Kneading atta

5.



Washing hands

6.



Drying clothes



There are many ways to make the air cleaner. One way is to plant trees. You can ask your parents to help you plant trees around your home. You can also take the help of your friends and teachers to plant trees at your school. Water your plants every day.



New Words

wind	moving air
breeze	slow or gentle wind
garbage	rubbish or waste; things we do not need



Main Points

- Air is all around us, but we cannot see it. Air has no colour.
- We can feel air when it moves over us or pushes against us.
- Air has no smell. It carries the smell of other things to us.
- Air fills up any empty space it finds.
- People, plants and animals need air to breathe.
- We need air to burn things, move things, dry wet clothes, fill up tyres, and so on.
- Smoke makes the air dirty. Breathing dirty air makes us ill. Planting trees makes the air cleaner.



Exercises

A. Fill in the blanks. Choose from: burn, breeze, dry, colour, breathe.

1. Air does not have any _____.
2. A slow wind is called a _____.
3. People need air to _____.

The moon

The moon is the brightest thing in the night sky. It is made of rocks and sand. The moon is not hot. It has no light of its own. It shines as sunlight falls on it.



We live on the earth. Have you ever wondered how it looks? It looks like a blue ball. The earth is much bigger than the moon. But it is much smaller than the sun.

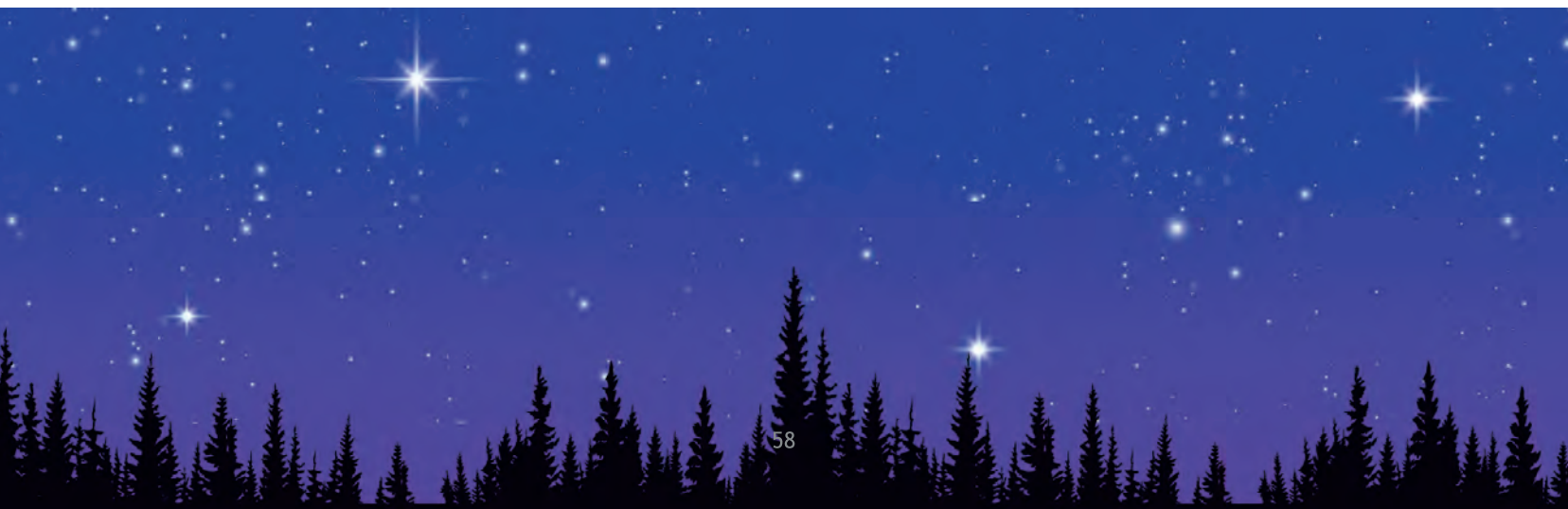


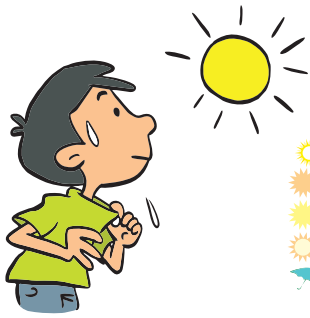
How does the moon shine in the light of the sun? Do this activity to find out.

Darken a room. Keep a ball on a table. Shine the flashlight of a phone on the ball. Does the ball shine? The moon shines in the same way when sunlight falls on it.

The stars

The stars have their own light. They are huge balls of fire like the sun. Many stars are bigger than the sun. They look small because they are so far away from us. The sun is the star nearest to us.





Some summer days are very hot and sticky. Do not go out on such days. Wait till the sun sets and it becomes cooler.

Rainy season

After summer comes the rainy season. It rains on most days. The sky is filled with dark clouds.

We wear raincoats and gumboots to stay dry when we go outside. We also carry umbrellas.



Winter

Winter days are cold. We wear thick clothes like sweaters and scarves to stay warm. Snow falls in some places.

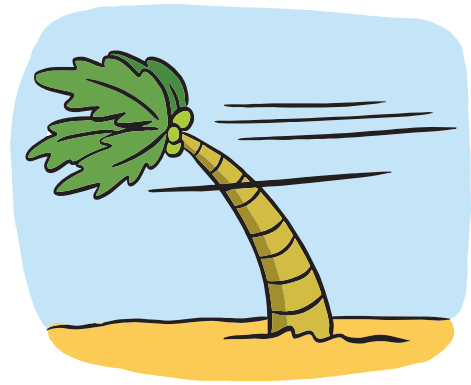


Make a note of the weather for the next five days. Put ticks in the correct boxes. Then try to guess which season it is. Ask your teacher if you are correct.

	Day 1	Day 2	Day 3	Day 4	Day 5
Cloudy					
Sticky					
Cold					
Rainy					
Hot					

E. Answer these.

1. What is weather?
2. What are the main seasons in our country?
3. What do we wear to stay dry in the rain?
4. Which season has cold days?



Making

Connections

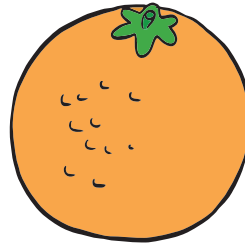


Write **S** for the foods we like to eat in summer and **W** for those we like to eat in winter.

1.



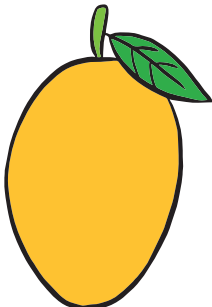
2.



3.



4.



5.



6.



Seasons are not the same everywhere. For example, summer is pleasant (not too hot) in the hills. At the seaside too, summer is not so hot. This is why many people visit the hills or the seaside in their summer holidays.

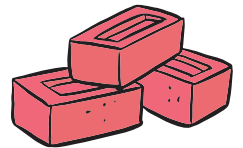
Do you go anywhere during your summer holidays? Where do your friends go?



We should keep our home clean. Do not leave toys and books lying around. Throw bits of paper and other things you do not need in the **dustbin**.

New Words

- flat** a set of rooms which is someone's home in a tall building, or house
brick hard blocks made of clay and baked in fire
dustbin a bin in which we put things that will be thrown away



Main Points

- The house that we live in is called our home.
- Our house keeps us safe from the heat, cold and rain. It also keeps out thieves and wild animals.
- Houses may look different and be made of different things.
- A house may have different rooms such as a bedroom, living room, dining room, kitchen and bathroom.
- We should always keep our home clean.



Exercises

A. Fill in the blanks. Choose from: **rain**, **eat**, **cook**, **mud**, **cold**.

1. We _____ in the dining room.
2. We _____ food in the kitchen.
3. Houses made of _____ are not very strong.
4. Our house keeps us safe from the heat, _____ and _____.

Germ can get into our body when we touch dirty things. Washing our hands with soap and water kills germs. We can also clean our hands with **sanitiser** if there is no soap.



When should you wash your hands? Tick.

1. Before eating
2. After eating
3. After going to the toilet
4. Before going to the toilet
5. After touching animals
6. After having a bath
7. After blowing your nose
8. After coming home from outside

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Help the children understand the link between bad hygiene and diseases.



Keeping our homes clean

We should always keep our homes clean. Never leave your toys or books lying around. The rooms in a house should be cleaned every day. This clears dust and germs.

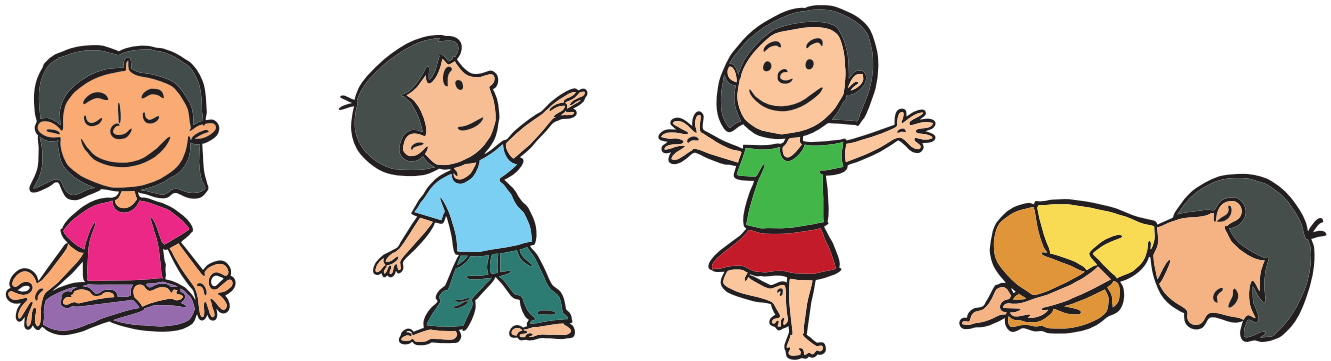
We should throw our waste in a dustbin. Use a dustbin that has a lid.

E. Answer these.

1. Write three ways in which we keep our body clean.
2. Name two foods that are good for us and two that are bad.
3. Why is watching too much TV bad for us?
4. Write one way in which germs can get into our body.



Exercise is something we do to stay healthy. **Yoga** is a kind of exercise that keeps our mind and body healthy. The people in our country have been doing yoga for many years. Here are some yoga exercises that you can try.



Here are exercises that you can do to have fun and stay healthy. Unscramble to find out the names.

